



Tribe: The Ministry of Motherhood



2022 Edition

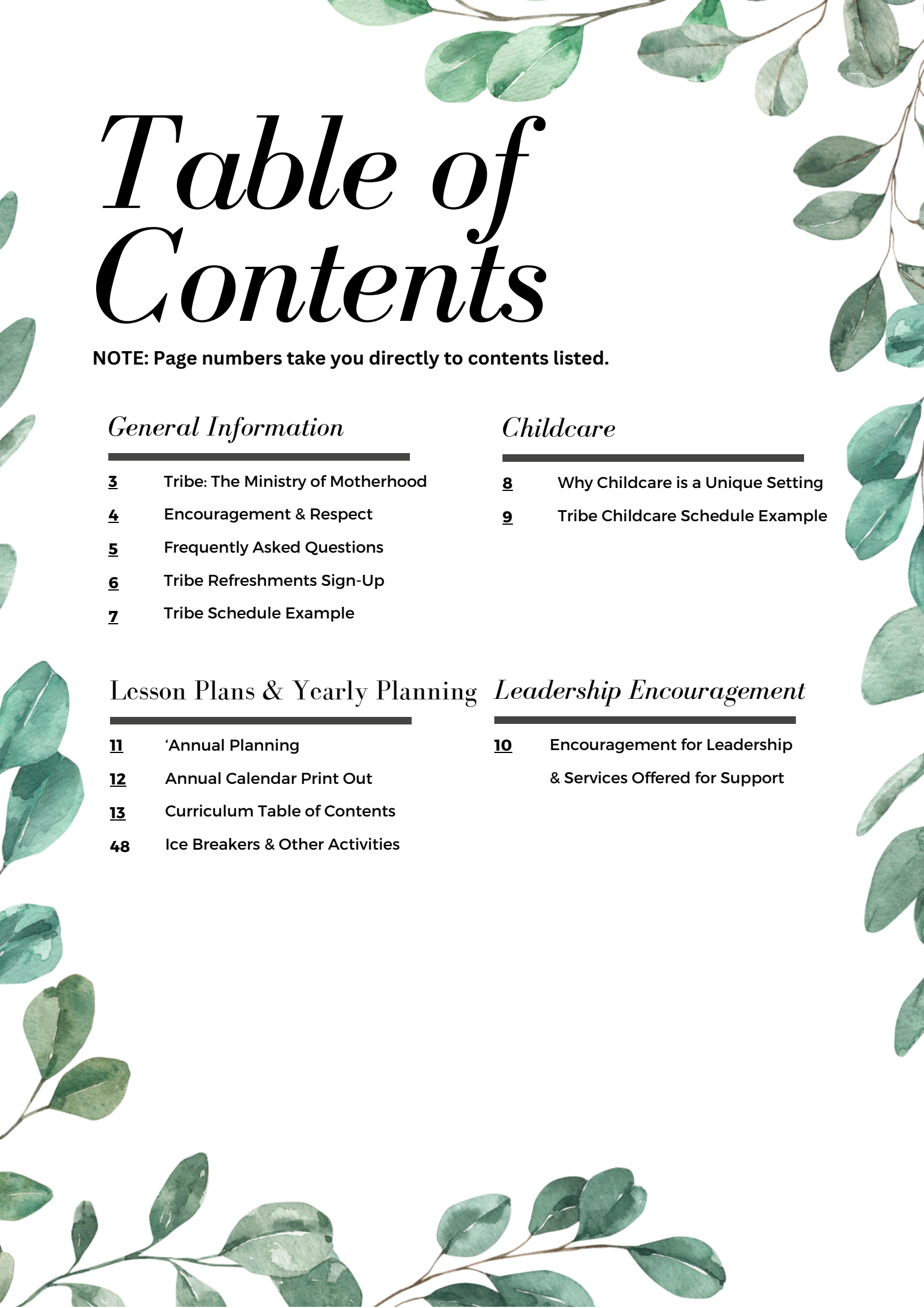


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Tribe: The Ministry of Motherhood

Who are we?

Tribe is a small group committed to providing a safe, intimate space for Christian moms of all ages and stages to pray and praise God faithfully, to share with and encourage one another through life's challenges for the purpose of strengthening our ministry of motherhood.

When We Meet:

Year-round from 9:30AM-11:30AM on the 2nd and 4th Fridays of each month (excluding November and December—only the 2nd Friday).

Where We Meet:

Location:

What to expect?

Come as you are— you will always arrive right on time! Childcare is provided. You can expect topics that relate specifically to motherhood. We use the Bible as a manual for motherhood. Our goal is to help you find friends and mentors, as we develop real, intentional relationships with one another and deepen your relationship with Jesus.

What does TRIBE stand for?

It's a small group of mothers who are committed to...

T: Teaching our children about Jesus.

Isaiah 54:13 I will teach all your children, and they will enjoy great peace.

R: Real Relationships.

Proverbs 14:13 Laughter can conceal a heavy heart, but when the laughter ends, the grief remains.

I: Intentionally sharing.

Ecclesiastes 4:12 Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

B: Biblical truths.

Luke 1:37 For the word of God will never fail.

E: Encouraging one another.

1 Thessalonians 5:11 Therefore encourage one another and build each other up, just as in fact you are doing.

Who to Contact?

We would love to have you join us as we pursue God! If you have any questions, please feel free to contact the following:

Name and Email:



Encouragement & Respect

TRIBE is meant to be a safe space for Christian moms of all ages and stages to develop **authentic relationships**.

In order to achieve authenticity at each meeting, **please respect the following:**

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Ephesians 4:29

Be considerate of where each mom is on her spiritual journey.

Use respectful language when discussing different beliefs.

Never pressure anyone to share more than she is willing.

There is more hope for a fool than for someone who speaks without thinking.

Proverbs 29:20

Think before you speak. Be sure that your words are spoken in love.

Sometimes the best prayer request is an unspoken one.

A gossip goes around telling secrets, but those who are trustworthy can keep a confidence.

Proverbs 11:13

Do not find yourself guilty of gossip.

Everything said at each meeting is to be kept between the moms who were at that meeting, **unless given explicit permission to share**.



Frequently Asked Questions

Who provides the refreshments?

The drinks and one snack will be provided by TRIBE leaders. There is a Sign-Up sheet for members to bring additional snacks to each meeting.

Who are the childcare providers?

Each childcare provider is experienced (or is being trained under an experienced provider) and has a clean background check.

What do the children do while we meet?

The children have a schedule that allows for both opportunity to make friends and freedom to play independently. There is a planned Bible lesson which includes a craft, video and game.

We encourage you to pack a snack and water for your child(ren). Make sure both are clearly labeled and that you have communicated to the childcare providers that you packed a snack for your child(ren).

NO TREE NUTS or PEANUTS!

What is the childcare cost and who pays it?

Childcare costs \$40 for each caretaker and will always be covered by **TRIBE leaders or included under the women's ministry budget for your church.** We welcome your donations as you are willing and able.

See your Tribe Leadership for more information.

Can I invite a friend if she is of a different faith?

Moms of any faith or religion may be invited and welcomed. We will be respectful of **where each mom is on her journey** to know Jesus Christ. Please, be sure your friend understands that TRIBE is a Christian mom's group and all conversations will be guided by the **Bible.**



Who provides the refreshments?

The drinks and one snack will be provided by TRIBE leaders. There is a Sign-Up sheet for members to bring additional snacks to each meeting.

Tribe: Refreshment Sign-Up

January		
February		
March		
April		
May		
June		
July		
August		
September		
October		
November		
December		



Tribe: Leadership Schedule Example

TIME	AGENDA	PERSON
9:00	Make coffee, set out snacks; greet early birds	Aly/ Jaime
9:30	Official Start; direct moms to childcare, coffee, snacks, name tags; mingle and conversation	Aly/ Jaime
10:00	Welcome; TRIBE Mission and Expectations; Encouraging Scripture; Prayer	Jaime
10:15 10:30	Faith and Budgeting	Aly
10:30- 11:00	Small Group Breakout <i>*Practical Budgeting Tips, Discussion</i>	Jaime/Aly
11:00- 11:10	Prayer Requests; Closing Prayer <i>*Quiet time; Prayer Box</i>	Aly
11:10- 11:30	Mingle and conversation	

Note: 10:15-11:00 Themes and topics will change for this timeframe. Prayerfully consider the topics/themes for the year.

Lesson plans are provided **BUT are not required to be used.** Follow the Spirit, always.

Resources can only grow and grow! Email tribenational@gmail.com if you find some really great resources to be considered.

Tribe Childcare: A Unique Setting

How to Embrace It

We appreciate our childcare teams and their **commitment** to playing and loving our children while we pursue God together.

Prayerfully asking the Lord to provide childcare takers for your unique setting is always the first step.

Providing them with a **schedule and encouragement** is also important.

Assess your building and create a schedule that utilizes all you have to offer for your children.

Some ideas if you have a wide range of ages and lots of kiddos— Break up the childcare into two different groups. Nursery-5 and 5-teen.

We have considered creating 4H Groups during children's Tribe and are considering the inclusion of baking in the kitchen with the older age group. 4H has so many things to offer and we encourage you to check out their project guides for your area.

Basically, the **possibilities are endless!** We want happy kids who want to continue coming so that mom can have some time to connect with other mama's.

We are currently working on a children's curriculum that you can also include for your team (Incomplete at this time). We encourage you to look over the lesson plans ahead of time and **prep the materials** you will need.

Encourage your Tribe mama's to be **on time and prompt** when picking up kiddos. You want your team to know you respect and value them— being on time is important. Also encouraging mom's to keep their phones near them during group time, in case they are needed to assist their children is of great importance.

Tribe: Childcare Schedule

TIME	ACTIVITY
9:15	Review Lesson; Prepare Materials *Greet Early Birds
9:30	Free Play Welcome and soothe kids/moms. *Make sure moms sign-in and have their phone on them.
9:45	Bible Lesson *Use lessons Tribe leader gives you each week. *May need to divide Little/Older kids.
10:00	Check Diapers and Take Potty Breaks
10:00	Movie Time *Movie will typically go along with the lesson.
10:30	Check Diapers and Take Potty Breaks
10:30	Snack *Pray before Snack. Can be as simple as "Jesus, Thank you for this food. Amen." *Have kids help clean up their area, throw away trash, etc as they finish.
10:45	Craft *Use craft supplies and instructions TRIBE leader gives you each week.
11:00	Check Diapers and Take Potty Breaks
11:00-1 1:15	Free Play or Group Games: *Games (Freeze Tag, Mother May I, Simon Says, Red Rover). *Puzzles or Board Games *Bible Songs/Nursery Songs
11:15	Prepare for Moms' arrivals Final Diaper Checks and Potty Breaks
11:30	Clean Up *Pick up toys, wipe down, stack chairs vacuum, take out trash.

*NOTE: This is a VERY flexible schedule. Do what is best for the kids. If they don't want to participate, lovingly coax them and then just let them Free Play. We want happy kids and happy moms!! Love, love, love!! You are the best!!

Print Childcare [Check-in Sheet here](#)

Encouragement for Leadership

We know that leadership can be somewhat burdensome— We have found great importance in **staying connected** with other women who are “In the same boat,” by meeting together regularly to **pray and purposefully share** how our Tribe’s are going.

Staying connected also gives us **time to add to and develop our curriculum** more, based off the experiences God has allowed in our lives.

You will hear us say this often—There is so much importance in doing leadership with one or even two others. We have found that having a **leader and co-leader (or 2)** is extremely beneficial, because the burden is shared.

If you are interested in **connecting with other Tribe Leadership individuals** please meet with us the **3rd Tuesday of the Month at 9:30-10:30 Central Time via Zoom** (Events will be listed on our website under events).

Alycia Finkbeiner (Founder of Tribe) and Jaime Finkbeiner (Curriculum Development) will be leading these Leadership calls and you can expect themes and topics that relate directly to leadership stances.

Come meet with us to be encouraged, ask questions, and pursue God with one another.

RSVP at www.tribenational.com under the events tab. This lets us know who will be attending and will also send you a lovely email reminder to keep you from forgetting.



Annual Planning for Tribe Meetings

Prayerfully consider which topics you would like to use during the year. We have found it is beneficial to get your leadership team together and tentatively plan out one year in advance—always being **open to the fact that God may have another plan or topic** throughout the year that you need to share.

Please remember, these resources are used as a guide to help **facilitate conversation**. Allow the Holy Spirit to do His work through your conversations and topics you include throughout the year.


We have left the “month” portion of the lesson plans blank. This will allow you to **use the curriculum to fit the needs of all the women** in your Tribe. Simply use the “Annual Planning” sheet and write down which topics you plan to share with others. There is also a blank lesson plan where you can create a lesson of your own, if that interests you.

By doing so, it will give your entire leadership team time to prayerfully move forward in your planning. You may find that other resources pop up that would be useful for your topic that meeting. What we are saying here is... The focus isn't on this curriculum necessarily— The focus is sharing the Gospel and being a living & breathing example for others by sharing our lives with them intimately. **We simply want to share with you the tools we have found that helped us be successful in our gatherings.**













Enjoy building relationships with one another and pursuing God in your journey to share Him with others and by offering loving encouragement to those around you. Another way to say this— **Take time to “stop and smell the roses,” as you are guided by the Holy Spirit in all you do.**

Will it always be easy? **No**. Often, leadership is burdensome. Will it always be worth it? **YES!** If your Tribe meetings help even just one other mother...it is always worth it—Remember, that mother could also be you.

We have made our closest, dearest friends through Tribe and we pray the same for you.. Find your Tribe—Love them hard as you pursue God.



Annual Planning Overview

YEAR		
January	February	March
		
April	May	June
		
July	August	September
		
October	November	December
		



*You can make
many plans,
but the Lord's
purpose will
prevail.*

Proverbs 19:21

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Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

The Blessing - Kari Jobe

TOPIC

A Fresh Start for the
New Year - Establishing
Healthy Habits

VERSE

*I am the vine; you are the branches.
If you remain in me and I in you
you will bear much fruit; apart
from me you can do nothing.*
John 15:5

ACTIVITIES TO CONSIDER

- 1) Creating individual "WORD" for the year
- 2) Attach coordinating verse
- 3) Share with others

Supplies Needed: Canvas, paints, paintbrushes,
OR notecards & permanent markers

ADDITIONAL RESOURCES

<https://www.pursuegod.org/gods-plan-for-dealing-with-habits/>

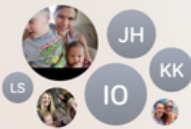
<https://www.pursuegod.org/basic-habits-for-the-christian-life/>

NEW VISITORS: NAME, NUMBER, AND EMAIL

Word of the year the year Activity

8:32

📶

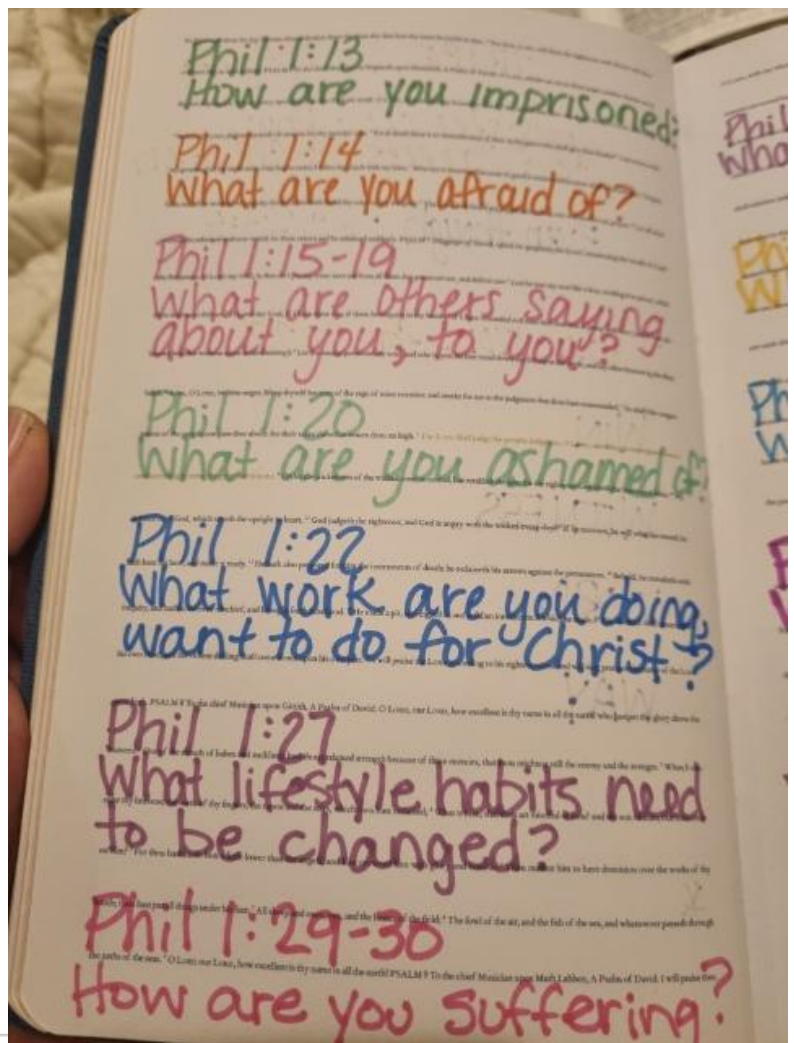
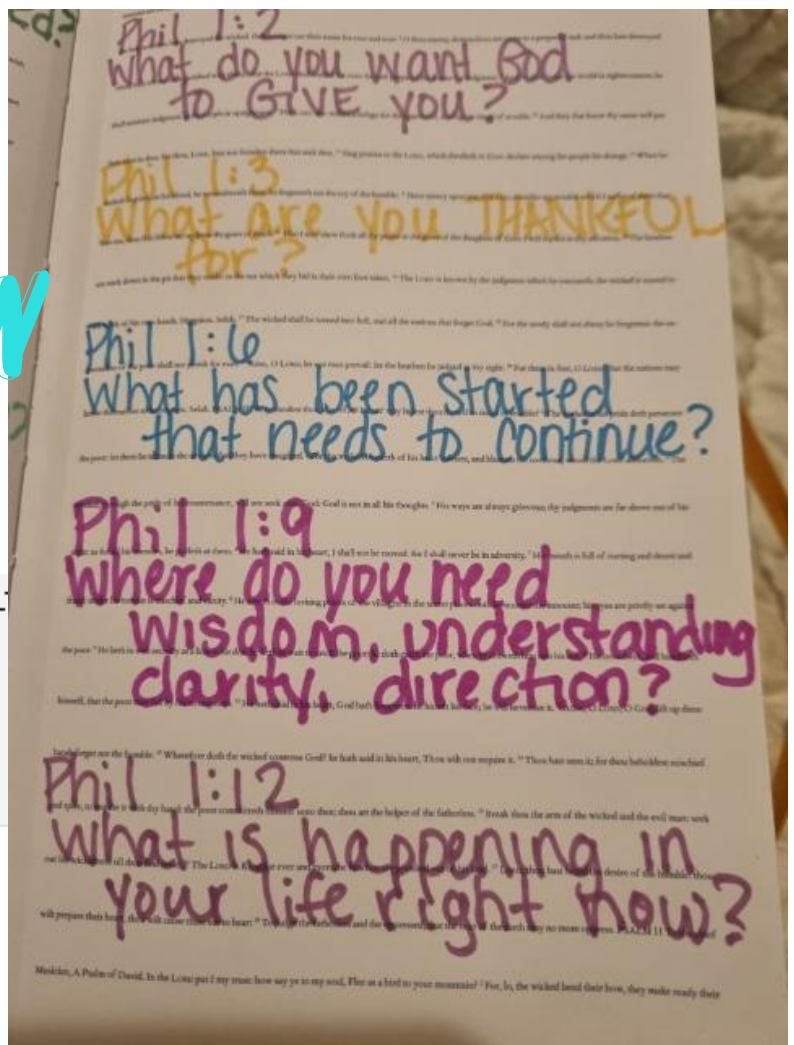


7 People >

Your Word 2022 and How God Reveals It

We are going to read Philippians 1:1-30 out loud... I'll stop at each verse and ask the question. Silently, we'll write a short answer to the question on a piece of paper and see if our word emerges (some may already know their word).

I think this will help and should take 10 -15 minutes, about a minute per question. Don't think too hard or long, we want Spirit led/ first reaction answers.



Text Message



Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

The Blessing - Kari Jobe

TOPIC

Addressing Fear

VERSE

*The Lord Bless you and keep you;
the Lord make his face shine on you
and be gracious to you; the Lord
turn his face toward you and give
you peace. Numbers 6: 24-26*

ACTIVITIES TO CONSIDER

Discuss different fears apparent in your parenting today.

- 1) Discuss approaching fear by reacting with active prayers of blessings over our children... How can we establish a blessing routine? How can we train our minds to focus on the good? Discerning God's Voice!
- 2) Open discussion to share biblical examples of people in the bible who could have dealt with fear and how they overcame it - David approaching Goliath, for instance.
- 3) **Craft:** Write a blessing on a notecard and post it in your command center to reflect on for the next two weeks (be creative, decorate your verse!).

ADDITIONAL RESOURCES

<https://www.pursuegod.org/pray-blessings-over-your-children/>

<https://www.pursuegod.org/overcoming-the-fear-mindset/>

The Voice of God - Pricilla Shirer

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

My Weapon - Natalie Grant

TOPIC

Affirmations for
Motherhood

VERSE

*She is clothed with strength and
dignity, and she laughs without
fear of the future.
Proverbs 31:25*

ACTIVITIES TO CONSIDER

- 1) Take turns telling each other affirmations (if you need a reference sheet use the affirmations card provided).
 - 2) Throughout the week reach out to someone new (or new to you) in your tribe to encourage them, by sending an affirmation to them randomly! Examples: by text, email, or drop a candy bar with a positive affirmation attached at their home or work.
- 2B) Prepare in advance positive affirmations to intentionally deliver to mothers in your area. Discuss and pray over who, where, when- Utilize the gifts given to those in your group.

ADDITIONAL RESOURCES

<https://www.pursuegod.org/traits-of-a-godly-woman/>

Affirmation Reference Sheet

No More Perfect Moms - Mark and
Jill Savage

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Lauren Daigle- Look up child

TOPIC

Beating Seasonal
Depression - With God
on Your Side

VERSE

*Psalm 25:4 Show me your ways, O
Lord, teach me your paths; guide
me in your truth and teach me, for
you are God my Savior, and my
hope is in you all day long.*

ACTIVITIES TO CONSIDER

Discuss: What activities can bring you "sunshine" or "joy" or "laughter" when the winter months are long and cold.

Recognize: These activities are special blessings from God.

When the cold months set in do you tend to isolate?

How could you stay connected to God, family and friends?

In what ways can you meditate on God's truth to bring sunshine into your winter?

Is your hope in God or in the coming of warmer weather?

5 senses activity: Grandma's Christmas Cookies

ADDITIONAL RESOURCES

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

Graves into Gardens -
Elevation Worship

TOPIC

Bringing the Outdoors
in- How Houseplants
Improve Our Lives

VERSE

*It's not important who does the
planting, or who does the watering.
What's important is that God makes
the seed grow.*
1 Corinthians 3:7

ACTIVITIES TO CONSIDER

- 1) Discuss creative ways to bring the outdoors in (natural plants vs. artificial plants).
- 2) How to include our children in watering the plants... seasons of motherhood
- 3) Together decorate a terracotta pot (paint or permanent markers) and plant a succulent (TIP: let the succulent dry out completely before watering again. If it doesn't survive, get another and try again. Or "plant" an artificial one instead).

ADDITIONAL RESOURCES

My Beautiful Mess Blog- Bringing the
Outdoors In (for a good laugh)

[https://www.pursuegod.org/perplexing-
parables-1/](https://www.pursuegod.org/perplexing-parables-1/)

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

Worship Together- I will Rest in
You

TOPIC

Candle Light— Resting
in God's Goodness

VERSE

*And God blessed the seventh day
made it holy, because on it he rested
from all the work of creating that
he had done. Genesis 2:3*

ACTIVITIES TO CONSIDER

- 1) Discuss what the word Sabbath means.
- 2) The seventh day was blessed and holy, what does that mean for us?
- 3) Split into group of 2 or 3, dim the lights, light a candle together and share how God is working in your life as a mother or just in your christian walk.
- 4) Come back together in big group and play spoons (laugh and have fun together!)

ADDITIONAL RESOURCES

Items Needed

- 1) Tea light
candles/matches or
lighter.
- 2) Lots of spoons, 2 or 3
decks of playing cards.

NEW VISITORS: NAME, NUMBER, AND EMAIL

Candlelight Presentation

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

God is on the Move - 7eventh
Time Down

TOPIC

Command Centers —
Organization & Peace
of Mind

VERSE

*"For I know the plans I have for
you," says the Lord. "They are
plans for good and not for
disaster, to give you a future and a
hope." Jeremiah 29:11*

ACTIVITIES TO CONSIDER

- 1) Reviewing Command Center Photo Example
- 2) Encouraging a "Gratitude" Section to become more positive (post on a notecard or a post-it) & write your first gratitude list together!

Follow Up Activity: Share pictures of your command centers in your home. What works? What Doesn't? How do different seasons require change?

ADDITIONAL RESOURCES

<https://www.pursuegod.org/how-to-hack-your-to-do-list/>

<https://www.pursuegod.org/parenting-kids-establishing-structure-in-your-home/>

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

This is Amazing Grace -
Phil Wickham

TOPIC

Defeating PMS &
Accepting the Gift of
Grace

VERSE

*"My grace is all you need. My
power works best in weakness."
2 Corinthians 12:9*

ACTIVITIES TO CONSIDER

Discuss: How do you handle your PMS? Share ideas on how to manage extreme PMS. Examples: Heat pads, exercise, essential oils, Midol, Tylenol, charting your moods throughout the month to identify when you need more time to "remove expectations," & let go or to know when to reach out for help.

Activity 1: To explore scents: run an essential oil diffuser - Could use Lavender or Clary Sage. Explore DoTerra/clarycalm (a monthly blend for women to rub on the abdomen).

Activity 2: Set a goal specifically targeted at yourself and cry out to God to help you manage your PMS. Pray over others specifically struggling with PMS.

Activity 3: Look up scripture to post near you to remind you of God's Grace.

ADDITIONAL RESOURCES

Steven Furtick, Grace Really is
that Good

Bible Project on Grace

Defeating PMS & Accepting the
Gift of Presentation

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

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PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Word of God Speak -
MercyMe

TOPIC

Discerning God's Voice-
But How Do We Know?

VERSE

*I stand at the door and knock. If
you hear my voice you will open
the door, I will come in, and we
will share a meal together as
friends. Revelation 3:20*

ACTIVITIES TO CONSIDER

Discuss: How do you know when you hear from God? Do you struggle with identifying God's voice in your life?

Do you feel a "nagging or pull" in your spirit to "act"? How does God reach you through church sermons? (Do you walk away with what you needed to hear? Whether it is being corrected or given peace?)

Worship: Do you feel like God speaks to you when you worship Him?

Biblically: Prophets heard from God through dreams.

Activity: Intentionally document or discuss your prayers- Start an "ongoing prayers" & "answered prayers" document.

ADDITIONAL RESOURCES

Steven Furtick What To Do
When God Opens A Door

Presentation: Discerning
God's Voice

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

To Be Loved — Lydia Laird

TOPIC

Feeling Stuck? Real
Stuck, Real Goodness

VERSE

*This I declare about the Lord:
He alone is my refuge, my
place of safety; he is my God,
and I trust him.
Psalm 91:2*

ACTIVITIES TO CONSIDER

Discussion:

What does being “stuck” look like? What happens when we feel “stuck”? Why do we get “stuck”? How getting “stuck” can strengthen our relationship with Christ . What our mindset is like when trusting God.

Activity: Take time to write out how you're feeling stuck or 3 gritudes. Pray over them as a group either specifically by rotating written notes out (names do not have to be on them, choose if it will be private or not) or in general— God knows what each one has written.

ADDITIONAL RESOURCES

Grit & Grace — Devotions for
Warrior Moms (See mini
version on Youversion app).

Presentation on ER Topic

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

Jireh Elevation Worship

TOPIC

Finances & Budgeting

VERSE

Then he said, "Beware!
Guard against every kind
of greed. Life is not
measured by how much
you own." Luke 12:15

ACTIVITIES TO CONSIDER

Goal: Find an accountability partner or an experienced mom mentor to walk you through it

Discussion topics:

Faith- What does it mean to you? In what areas of your life have you really had to exercise Faith?

Budgeting- How does it make you feel? Do you currently practice a budget? What do you or could you do to save money? What's been helpful?

ADDITIONAL RESOURCES

PursueGod 6 part Budgeting
Workshop

Financial Peace University by Dave
Ramsey.

The Budget Mom

NEW VISITORS: NAME, NUMBER, AND EMAIL

Finances & Budgeting

Faith:

Budgeting is on the schedule- a topic you all asked for- but such a HUGE topic to cover. God has taking me through a Faith Journey recently- He wants me to emphasise Faith today- it goes along well with Budgeting- it takes Faith to trust God with your money.

God is in control. He is using your financial situation (and mine) to grow us. He can provide for our needs when the money runs out. He is walking with each one of us through our financial journey.

1. Faith shows the reality of what we hope for; it is the evidence of things we cannot see. Heb 11:1
2. "You don't have enough faith," Jesus told them. "I tell you the truth, if you had faith even as small as a mustard seed, you could say to this mountain, 'Move from here to there,' and it would move. Nothing would be impossible. Matt 17:20
3. The apostles said to the Lord, "Show **us how to increase** our Faith." Luke 17:5

What does the Bible Say about Money

1. **Don't Love Money or the Stuff Money Can Buy**
 - a. Then he said, "Beware! Guard against every kind of greed. Life is not measured by how much you own." Luke 12:15
 - b. Don't love money; be satisfied with what you have. For God has said, "I will never fail you. I will never abandon you." Heb 13:5
2. **Trust God with your Financial Needs**
 - a. And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus. Phil 4:19
 - b. "So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' **32** These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs.**33** Seek the Kingdom of God[e] above all else, and live righteously, and he will give you everything you need. Matt 6:19-34

3) Give to God/Church/Others

1. Give generously to the poor, not grudgingly, for the Lord your God will bless you in everything you do. Deut 15:10
2. When you give to someone in need, don't do as the hypocrites do—blowing trumpets in the synagogues and streets to call attention to their acts of charity! I tell you the truth, they have received all the reward they will ever get. **3** But when you give to someone in need, don't let your left hand know what your right hand is doing. **4** Give your gifts in private, and your Father, who sees everything, will reward you. Matt 6:2-4

Finances & Budgeting



MONTHLY SPENDING

MONTH OF: _____

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC	
INCOME													
EXPENSES													
HOUSING													
UTILITIES													
TRANSPORT													
INSURANCE													
FOOD													
EDUCATION													
CLOTHING													
RECREATION													
PERSONAL													
DEBT/LOANS													
OTHER													
MONTHLY EXPENSES													
MONTHLY SAVINGS													
ANNUAL INCOME													\$
ANNUAL EXPENSES													\$
ANNUAL SAVINGS													\$

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Help Let Me Go
Tasha Layton

TOPIC

Get Behind Me Satan—
I've Got Mommy Work
to Do

VERSE

*He chose to give birth to us by
giving us his true word. And we, out
of all creation, became his prized
possession. James 1:18*

ACTIVITIES TO CONSIDER

1) Discuss the Armor of God by reading Ephesians 6:10-20 together.

What piece of armor is easiest for you to "forget to put on"?

What factors keep you from "suing up" daily?

2) Discuss strategies of the devil.

How does the devil keep you from being the best mom you can be?

Try identifying ways he attacks you specifically or is in this season— too busy? Miscommunications with friends? Feeding you lies?

3) Review James 1:1-3 and read together, taking turns reading verses.

REMEMBER: YOU ARE GOD'S PRIZED POSSESSION!!!

ADDITIONAL RESOURCES

<https://www.pursuegod.org/the-truth-about-trials/>

[Priscilla Shirer- Armor of God Full Teaching](#)

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Image of God -
We are Messengers

TOPIC

God as our Creator- Creative
Outlets in our Daily Lives to
Support Self-Care

VERSE

*So God created human beings in his
own image. In the image of God He
created them; male and female he
created them.
Genesis 1:27*

ACTIVITIES TO CONSIDER

- 1) Discuss: What does self-care look like to you? Give examples. (daily shower, reading time, to be still, relationships with others)
- 2) Discuss God as our creator and how we are made in His image. Is it only natural for us to desire to "create" as well? How do you use creative outlets in your life for the season of motherhood you are in? (Creating kids activities, painting, bible journaling, etc.)
- 3) Use a notecard, your bible page, or provide a craft of your choice to do as a group. (Simple notecard and permanent markers go a long way! Bath Salts or Shower Bombs. See attached Recipe)

ADDITIONAL RESOURCES

<https://www.pursuegod.org/humanity-in-gods-image/>

<https://www.pursuegod.org/what-creation-tells-us-about-god/>

Bath Salt/Shower Bomb Recipe

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

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PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

Into the Sea-
Tasha Layton

TOPIC

God is within Her!

VERSE

Psalm 46:4-5

There is a river whose streams make glad the city of God, the holy place where the Most High dwells. God is within her, she will not fall; God will help her at break of day.

ACTIVITIES TO CONSIDER

- 1) Make an ocean sensory bottle (resources below)
- 2) Discuss fun ways to incorporate water play into warm weather routines with children.
- 3) Soak in the bath/hot tub while meditating on how God has been with you through your life time.
- 4) Engage in group discussions on how being full of the Holy Spirit has been your guide in your motherhood ministry.
- 5) Allow yourself to embrace the promise that God is within you.

ADDITIONAL RESOURCES

<https://www.thebestideasforkids.com/ocean-sensory-bottle/>

Recycled plastic bottles, food coloring, baby oil, optional- small water animals/glitter

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

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PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Francesca Battistelli - Free To Be
Me

TOPIC

God's Pearls—
A treasured possession

VERSE

Deuteronomy 7:6-9

ACTIVITIES TO CONSIDER

Discuss:

- Make a pearl bracelet
- Find verses that remind you how much God loves you
- Circle verses in bible or make verse cards
- Put bracelet in a place you see everyday as a reminder of Gods love
- Identify what has you in "slavery" in this season of motherhood and discuss ways God's grace and Power within us has redeemed and restored and cut the chains of this slavery.

ADDITIONAL RESOURCES

Hobby lobby for plastic pearls and
bracelet string

God's Pearls presentation

Treasured and Loved
Scripture Reference Sheet

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Rattle! Elevation

TOPIC

God's Purpose in your
Marriage & Family Life -
Trusting God to
Transform Our Lives

VERSE

"THIS IS MY COMMAND—BE STRONG
AND COURAGEOUS! DO NOT BE
AFRAID OR DISCOURAGED. FOR THE
LORD YOUR GOD IS WITH YOU
WHEREVER YOU GO."

Joshua 1:9

ACTIVITIES TO CONSIDER

Watch: Set Your Hope on God's Plan

Discuss: God knows the plans for us and he works together the good and the bad for the good of those who love him...Are you nervous about your purpose?

REPEAT: (Redirect thoughts) "I'm not nervous, I have a purpose." Remember we have free will because God loves us...no matter what route we choose, God will be with us. Do you feel like you recognize what God is doing through your marriage? As a unit with your spouse, He is intentional in using you both for a greater purpose.

In what ways do you need to trust God more in your marriage & family life?

Is it hard for you to let God transform your life?

GOAL: Set a goal to meet this month when it comes to your marriage or family.

ADDITIONAL RESOURCES

Steven Furtick Set Your Hope On
God's Plan

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

As I Am -
Hillsong Young & Free

TOPIC

Intentional Dates with
God - Setting the Tone

VERSE

*"Yes, a person is a fool to store up
earthly wealth but not have a rich
relationship with God."
Luke 12:21*

ACTIVITIES TO CONSIDER

Discuss: When you seek to spend time with God, have you ever considered approaching it as "A date with God"? How do you feel about this approach? Given your season of motherhood, how do you find time to spend with God each day? Do you feel it is authentic time? How could you improve? (Reach out to a sister in Christ and swap out babysitting weekly?)

When we date God are they "intimate and precious" or "forced and feeling required?" How does that change your views?

Activity: Take time to think about what the perfect date with God would look like to you. If comfortable, share with your group.

ADDITIONAL RESOURCES

Steven Furtick How to have an
honest talk with God

Joyce Meyer Have a talk with God

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

I'm Leaning on You - Crowder
Feat. Riley Clemmons

TOPIC

Magnify your
Attributes- The
Importance of Fasting

VERSE

*He is a shield for all those who
take refuge in him.
Psalm 18:30*

ACTIVITIES TO CONSIDER

What are things in our lives that prevent, distract, or are potentially separating us from our ministry in motherhood?

- 1) Come up with examples of things to potentially fast from in order to release over control to God and to depend on Him (This can include fasting from things other than just food and water). Note: More than any other discipline, fasting reveals the things that control us- Celebration of Discipline, By Richard Foster
- 2) Parenting by example: Could fasting magnify your motherhood attributes?

ADDITIONAL RESOURCES

<https://www.pursuegod.org/parenting-with-gods-design-in-mind/>

<https://www.pursuegod.org/how-to-fast-for-breakthrough/>

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

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PROVERBS 19:21

MONTH

WORSHIP SONG

Mary Did you Know Pentatonix

TOPIC

Mary Did You Know?
Christmas Season

VERSE

"Mary responded, "I am the
Lord's servant. May
everything you have said
about me come true.
Luke 1:38

ACTIVITIES TO CONSIDER

1) Make a list of things your kids DON'T need this year.
CHRISTMAS PRIORITIES-What are your family's Christmas Traditions? (List 3)
Do your Christmas traditions reflect your Christmas priorities?

MARY DID YOU KNOW??

If God told you what He was going to accomplish through your child, would it change the way you mother him/her?
Would that knowledge make parenting easier or harder?
Would you want to know, why or why not?

ADDITIONAL RESOURCES

Uncluttered: Make Room
for Relationships

10 Things Our Kids Don't
Need This Christmas

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

Quiet Talk- Jillian Edwards

TOPIC

Mom Guilt — Silence the
Enemy. Live Empowered
as a Mother.

VERSE

*If our minds are ruled by the
Spirit, we will have life and peace.
Romans 8:6*

ACTIVITIES TO CONSIDER

Discuss how mom guilt is apparent in your life or how you have defeated it or how you are working on defeating it.

- 1) Review God's Voice vs. Satan's Voice. Where does guilt fall?
- 2) Come up with practical ways to silence the enemy.
- 3) How would you define an empowered mother?

Discuss the Voice of God in your life—What does that look like? How is the living word working in your life?

ADDITIONAL RESOURCES

[Pricilla Shirer](#) - Discerning God's
Voice Video Reference

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Walk On Water -
Elevation Rhythm

TOPIC

Prioritizing our
Relationships- God,
Husband, & Children

VERSE

*Seek the kingdom of God above all
else, and live righteously, and he
will give you everything you need.
Matthew 6:33*

ACTIVITIES TO CONSIDER

- 1) Discuss how your relationships are prioritized currently. Do you feel like your #1 is God, your husband, or your children? (if you haven't thought about it before, brainstorm where your relationships fall on a tiered level.)
- 2) Discuss the importance of having Jesus as our center. Discuss how your life is with Jesus and/or if you have lived life without him at your center. How was your life different?
- 3) Come up with ways you can work on re-prioritizing your relationships. Do you find your energy goes to your children before your husband? How can we manage our energy level to have more to give to our husbands at the end of the day?

ADDITIONAL RESOURCES

[Relationship Reset Part 1 | Identity Crisis](#)

<https://www.pursuegod.org/marriage-is-a-work-of-art/>

Prioritizing Relationships Handout

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Available Elevation Worship

TOPIC

Priority Planning

VERSE

Plans go wrong for lack
of advice; many advisers
bring success.
Proverbs 15:22

ACTIVITIES TO CONSIDER

#1 Identify your top 3 priorities as they relate to your **NUMBER ONE PRIORITY**,
Glorifying God. To Do List: Get God's done first

Aly personal examples: Children and Husband, Ministering to Moms, Home as a Haven

#2 Look at your calendar and your checkbook/bank account. Where are you spending your time,
talents and treasure?

#3 Make a list of everything that you currently do or want to do with your time. (It will probably be
a long list)

#4 Label everything in that list a 1, 2, or 3. This doesn't mean first, second, third in terms of
importance, it's simply a way to categorize. If you can't put it in a category, re-evaluate why you are
doing it... maybe you need to learn to say "no."

ADDITIONAL RESOURCES

Flylady.com- Control Journal

ThePeacefulMom.com- 5 P's
Weekly Plan

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

There's Nothing That Our God
Can't Do - Passion

TOPIC

Refueling Your Tank -
The Stages of
Motherhood

VERSE

*"What Can I do to help you?"
Elisha asked. "Tell me, What do
you have in the house?" "Nothing at
all, except a flask of olive oil," she
replied. 2 Kings 4:2*

ACTIVITIES TO CONSIDER

Discuss: The days you feel empty & drained how do you get through?

How can we inspire women around us? Do you have faith-filled mother's in your lives? Are you being a faith-filled mother to others around you?

Carrying an extra weight? (health, grieving, divorce, painful season?)

Have you ever thought... "This is not the way I thought my life would go."

What do we do when we feel empty? God does some of his BEST work when we feel the most EMPTY.

Cry out, Reach out, & Pour out! (Contributed to Holly Furtick/ Elevation Church)

Discuss: After watching the video, how do you relate? Is it hard for you to cry out to God? How can crying out to God refuel your tank? Is crying out to God your first instinct?

ADDITIONAL RESOURCES

(Start at 13min-Stop @22:15) (This entire sermon is great! Suggest watching in full!)

Prioritizing Our Relationships
Tribe Lesson

Self Care & Our Daily Habits
Tribe Lesson

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Who Am I -
Needtobreathe

TOPIC

Self Care & Our Daily
Habits

VERSE

*I praise you because I am
fearfully and wonderfully made;
your works are wonderful, I know
that full well.
Psalms 139: 14*

ACTIVITIES TO CONSIDER

Discuss: In the last month have you prioritized your self-care? How or how haven't you?

- 1) Come up with realistic expectations for yourself to accomplish self-care in your daily life.
(Shower, reading the bible, going on a walk/run, water intake, deep breathing)
- 2) Connect with someone at tribe or who you know and swap kids for a day and really get in some self-care by taking a nap, a steamy shower, a bubble bath, a haircut, or go on a date with God.
- 3) Paint your nails or allow someone to paint your nails for you at tribe today as you make a list of all the "wins from God" in your life and thank him prayerfully!

ADDITIONAL RESOURCES

<https://www.pursuegod.org/basic-habits-for-the-christian-life/>

<https://www.pursuegod.org/the-secret-to-overcoming-anxiety/>

My Beautiful Mess Wix Blog -
Where Art Thou Rest?

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

2nd Friday in November

WORSHIP SONG

For King and Country- Together

TOPIC

Service Project -
Unification of Tribe
Statewide

VERSE

"YOU, MY BROTHERS AND SISTERS,
WERE CALLED TO BE FREE. BUT DO
NOT USE YOUR FREEDOM TO
INDULGE THE FLESH; RATHER,
SERVE ONE ANOTHER HUMBLY IN
LOVE."

Galatians 5:13

ACTIVITIES TO CONSIDER

Assemble Comfort Kits for locations specific to your area (May need to arrange prior)
Assemble Kits
Pray over Kits
Deliver Kits

ADDITIONAL RESOURCES

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Rest in your Presence -
Birmingham Vineyard Worship

TOPIC

Taking Time to Smell
the Roses- in the
Ministry of Motherhood

VERSE

*Then, because so many people were coming
and going that they did not even have a
chance to eat he said to them, "Come with
me by yourselves to a quiet place and get
some rest."
Mark 6:31*

ACTIVITIES TO CONSIDER

Discuss:

- 1) Taking time to smell the roses does not need to look a certain way. Coming up with realistic expectations is key. Our bodies are just as important as our souls.
- 2) Connect with someone at Tribe or who you know and swap kids for a day take that time to take a nap, watch a movie, bubble bath, get a hair cut But most importantly make it a date with GOD!!
- 3) Paint your nails or allow someone to paint your nails at Tribe today. Make a list of all the ways that you could combine caring for your body while also growing your relationship with God.
- 4) Remember we are not of this world. Our bodies are temples but let's not get carried away with self care as the world does for we have eternity to look forward to and that is equally important if not more!

ADDITIONAL RESOURCES

<http://erlc.com/resource-library/articles/what-does-the-bible-say-about-the-self-care-movement/>

Undoubtedgrace.com

My Beautiful Mess Wix Blog-
Where art thou Rest?

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

What a Beautiful Name - Hillsong
Worship

TOPIC

The Gift of Hospitality -
Meal Prepping & Recipe
Share (Potluck)

VERSE

*So whether you eat or drink, or
whatever you do, do it all for the
glory of God.
1 Corinthians 10:31*

ACTIVITIES TO CONSIDER

- 1) Those who feel they are gifted with hospitality, share why it is important to them, and how showing hospitality brings them closer to God.
- 2) Swap recipe cards (bring in a favorite recipe and the dish to share with the group for a potluck)
- 3) Organize a meal prepping day together! (Even if it is meeting at a business that helps mothers meal prep) If it's too much for the entire group, do with just a girlfriend.
- 4) Discuss what helps you to not feel overwhelmed by meal prepping (meal planning, online grocery order, share your processes)

ADDITIONAL RESOURCES

<https://www.pursuegod.org/family-dinners-are-important/>

Meal Plan and Grocery List
Reference Sheet

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

For the Good —
Riley Clemmons

TOPIC

The Perfect Storm,
Fighting Fear,
Frustration, & Fatigue

VERSE

*The Lord is my shepherd; I have
all that I need.
Psalm 23:1*

ACTIVITIES TO CONSIDER

- 1) Fighting Fear: Open your Youversion app and search "Fear"— Read together the verses that stand out to you. (One more step: Find the verses and do some bible journaling in your bible)
- 2) Fighting Frustration: Can you identify when you're feeling frustrated? Is there something contributing to your frustration? (Lack of self-care, irritability *cycle related*, underlying pain?)
- 3) Fighting Fatigue: What does self-care look like to you? Give examples. (daily shower, reading time, to be still, relationships with others, naps for self).

Activity: Use a notecard or your bible page (Simple notecard and permanent markers go a long way!)

ADDITIONAL RESOURCES

<https://www.pursuegod.org/overcoming-the-fear-mindset/>

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

No Man is an Island - 10th
Avenue North

TOPIC

The Power of
Friendship

VERSE

*A cord of three strands is not easily
broken.
Ecclesiastes 4:12*

ACTIVITIES TO CONSIDER

Watch or Read: "The Power of Three" Devotional by Kelsey Dobrenz

Discuss: Friendship - What's important to you? Why are we intended to be in community with each other? How has tribe influenced your life or brought joy to you?

Review Scripture or share your favorite verses on friendship: Highlight in your bible

Make: Survival bracelets (paracord) to represent cords within cords

ADDITIONAL RESOURCES

Kelsey to make Video Tutorial on
Survival Bracelet

Power of Three Devotional for Tribe
by Kelsey Dobrenz (located on
Google Drive)

Tribe Keychains on Etsy - Keychains

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

January Year 2

WORSHIP SONG

Over & Over Again
- Kevin Quinn

TOPIC

The Power of
Consistency - How God
Parents His Children

VERSE

*Even when I walk through the
darkest valley, I will not be
afraid, for you are close beside me.
Your rod and your staff protect
and comfort me. Psalm 23:4*

ACTIVITIES TO CONSIDER

- 1) Creating individual "WORD" for the year
- 2) Attaching coordinating verse
- 3) Share with others

Supplies Needed: Canvas, paints, paintbrushes,
OR just notecards & permanent markers

ADDITIONAL RESOURCES

<https://www.pursuegod.org/gods-plan-for-dealing-with-habits/>

<https://www.pursuegod.org/basic-habits-for-the-christian-life/>

Presentation Resource Available

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

God Only Knows - For
King&Country & Dolly Parton

TOPIC

Trusting God in the
Details - Failure isn't
always Failure

VERSE

*Ears to hear and eyes to see - both
are gifts from the Lord.
Proverbs 20:12*

ACTIVITIES TO CONSIDER

Discuss: In what ways do you feel like a failure or failures has taken root in your motherhood? Can you look back and see how "failure isn't always failure" and apply it to different stages in your life?

- 1) Review the "Failure isn't always failure" guide and discuss how we can change our perspectives on failure.
- 2) Write on a notecard something you need to give to God and trust him with. Everyone places their notecards in an envelope, seal, and pray over them together asking God to help us through "letting go" and trusting Him..

ADDITIONAL RESOURCES

<https://www.pursuegod.org/how-to-learn-from-failure/>

My Beautiful Mess Wix Blog -
Failure isn't always Failure

Discerning God's Voice Handout

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

Lord I Need You -
Shane & Shane

TOPIC

Trusting in Him -
Preparing a War Room

VERSE

*But Jesus often withdrew to the
wilderness for prayer.
Luke 5:16*

ACTIVITIES TO CONSIDER

- 1) Have a ladies night and watch the 2015 release of "War Room."
- 2) Discuss the power of PRAYER!
- 3) Come up with prayers you could pray over your marriages/relationships/children together.
- 3) Write out a "grace" notecard and post it somewhere you will see it to remind you this week to extend grace to your family this week (and every week after).

ADDITIONAL RESOURCES

The 2015 Movie - "War Room"
[See Trailer Here](#)

<https://www.pursuegod.org/war-room-fight-for-your-marriage/>

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

Matt Maher: What a Friend

TOPIC

What is a Tribe? —Why
is it good?

VERSE

*Proverbs 27:17 As iron sharpens iron,
so one person sharpens another*

ACTIVITIES TO CONSIDER

- 1) Intentional Sharing: Why is having a tribe important to you?
- 2) What noticeable changes have you seen in your life since joining a small group?
- 3) How does having a Tribe encourage and grow you in your motherhood ministry?
- 4) Discuss ways in which we can be accountable to the people God has placed in our lives.
- 5) What advice could you give to a mom in a different season that you wish you knew when you were going through it?
- 6) How can having a tribe keep you from isolation and temptations?

ADDITIONAL RESOURCES

[Mama Bear Apologetics-](#)
[Book and Podcasts](#)

[Risen Motherhood](#)

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.

PROVERBS 19:21

MONTH

WORSHIP SONG

See a Victory- Elevation Worship

TOPIC

What the Enemy Meant for
Evil, GOD Turns to GOOD—
Your Darkest Moments Will
Bring Life

VERSE

You intended to harm me, but
God intended it for good to
accomplish what is now being
done, the saving of many lives.
Genesis 50:20

ACTIVITIES TO CONSIDER

- 1) Read together the story of Rahab and trace her legacy to Christ
Joshua 2: 1-24 Matthew 1:5 and Hebrews 11:31
- 2) Intentional Sharing- what has happened in your life that has made an
impact on your influence in your children's lives.
- 3) Consider how your role as a mother has allowed God to work for your
good and keep the enemy away.
- 4) Take a moment to pray over your children together.

ADDITIONAL RESOURCES

[Lectio 365 Free App & Resource](#)

parentcue.org & app

NEW VISITORS: NAME, NUMBER, AND EMAIL

Tribe Lesson Plan

YOU CAN MAKE MANY PLANS, BUT THE LORD'S
PURPOSE WILL PREVAIL.
PROVERBS 19:21

MONTH

WORSHIP SONG

Surrounded by Upperroom

TOPIC

Your Calling Into the
Ministry of Motherhood
& Why It's Important

VERSE

"FOR WE ARE GOD'S HANDIWORK,
CREATED IN CHRIST JESUS TO DO GOOD
WORKS, WHICH GOD PREPARED IN
ADVANCE FOR US TO DO."

Ephesians 2:10

ACTIVITIES TO CONSIDER

Discuss: You're not JUST a mom.

God prepared in advance for us our ministry in motherhood.

Reflect on his love for you and how he gave you the children in your life to mother them.

Come up with a list of all the "hats" a mother wears. What hats have you worn this last week? What hats are harder for you to wear? Which do you love?

Define the word "important". Apply it specifically to motherhood.

ADDITIONAL RESOURCES

Holly Furtick When Your All Seems
Small

NEW VISITORS: NAME, NUMBER, AND EMAIL



I'm overwhelmed with...

Our plates are full with household cleaning duties, lessons to teach, kids to feed, and so much more.

How do you get it all done?

NO ONE GETS IT ALL DONE. That's an impossible task. BUT- that doesn't mean we should just throw in the towel and plop on the couch.

What important tasks has God given me today and what things should I say no to?

We can't possibly fit everything in, but we can do the things God has given us to do. We will only know what God has for us each day IF we spend time with Him.

We all need the reminder that the only way we will know what God wants us to do in life is to talk to Him.

ENCOURAGING SCRIPTURES:

Isaiah 61:10 I am overwhelmed with joy in the LORD my God!

1 Thessalonians 5:18 Be thankful in all circumstances

Psalm 1:3 ...like trees planted along the riverbank...they prosper in all they do.

Romans 15:13 May the God of hope fill you with all joy

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MONTH

WORSHIP SONG

Song

TOPIC

Confident Motherhood
— Am I a confident
mom?

VERSE

Enter Verse

ACTIVITIES TO CONSIDER

Enter Here

In Work

ADDITIONAL RESOURCES

Being a Light

**NEW VISITORS: NAME,
NUMBER, AND EMAIL**



MINISTRY OF MOTHERHOOD

Lead a Life Worthy of your Calling

Ephesians 4:1

HOW DO WE LIVE SUCH A LIFE?

Ephesians 4:2-3

1. SPEAK THE TRUTH IN LOVE
Ephesians 4:15
2. LEARN THE TRUTH
Ephesians 4:21-24
3. TELL OUR NEIGHBORS THE TRUTH
Ephesians 4:25, 29
4. PRODUCE THE TRUTH
Ephesians 5:9

What is Truth?

John 7:18

John 8:31-32

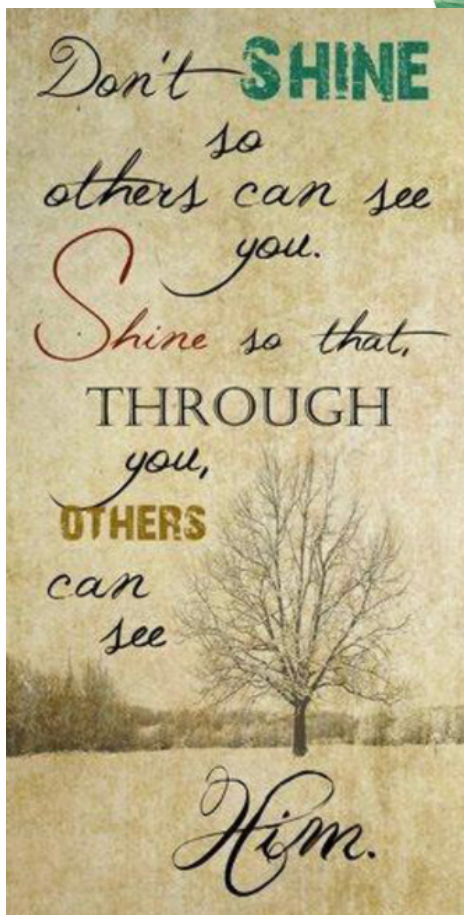
John 14:6, 16

What is Love?

John 3:16

1 John 3:16

1 Corinthians 13: 1-13



Topic: Becoming a Confident Mom

Biblical Scripture: Matt. 5:13-16

NLT

¹³“You are the salt of the earth. But what good is salt if it has lost its flavor? Can you make it salty again? It will be thrown out and trampled underfoot as worthless.

¹⁴“You are the light of the world—like a city on a hilltop that cannot be hidden. ¹⁵No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. ¹⁶In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

MSG

¹³“Let me tell you why you are here. You’re here to be salt-seasoning that brings out the God-flavors of this earth. If you lose your saltiness, how will people taste godliness? You’ve lost your usefulness and will end up in the garbage.

¹⁴⁻¹⁶“Here’s another way to put it: You’re here to be light, bringing out the God-colors in the world. God is not a secret to be kept. We’re going public with this, as public as a city on a hill. If I make you light-bearers, you don’t think I’m going to hide you under a bucket, do you? I’m putting you on a light stand. Now that I’ve put you there on a hilltop, on a light stand—shine! Keep open house; be generous with your lives. By opening up to others, you’ll prompt people to open up with God, this generous Father in heaven



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MONTH

WORSHIP SONG

TOPIC

VERSE

ACTIVITIES TO CONSIDER

ADDITIONAL RESOURCES

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PROVERBS 19:21

MONTH

Master

WORSHIP SONG

Song

TOPIC

Enter Topic Name

VERSE

Enter Verse

ACTIVITIES TO CONSIDER

Enter Here

ADDITIONAL RESOURCES

Enter here

**NEW VISITORS: NAME,
NUMBER, AND EMAIL**

A decorative border of watercolor green leaves and branches surrounds the text. The leaves are in various shades of green and are arranged in a natural, flowing pattern around the edges of the page.

*Ice Breakers
& Useful
Activities*

Name:

A Word of Encouragement Just for You!

First, **write your name** on this paper. Then, pass it to the person on your left. Write a memory, compliment, or other word of encouragement/something nice for each person doing the activity when their paper gets to you..